



Grants in Action Program –Readings and Resources – November 2023

READINGS & RESOURCES about
Intellectual and Developmental Disabilities

Recommended by:

Joshua Weitzman, Executive Director & the team at
Alpha Resource Center of Santa Barbara

Michael S. Rassler, President & CEO and the team at **Hillside**

Articles and Books

1. Riding the Bus with My Sister by Rachel Simon
2. The Story of a Beautiful Girl also by Rachel Simon
3. Meredith and Me by Sarah Barnes
4. Dana's Legacy by Gayle Slate

Other Resources

1. Keystone Human Services - Keynote Address by Sue Swenson at the 2022 June Summit (<https://www.youtube.com/watch?v=bcJ3O6IYn9o>)
2. We're Here to Speak for Justice (<https://www.youtube.com/watch?v=ZBVAPDQlnXg>)
3. The Arc US website (<https://thearc.org/>)
4. Tri-Counties Regional Center (tri-counties.org)

One of the 21 nonprofit regional center in California providing lifelong services and support for people with developmental disabilities. The Tri-Counties Regional Center serves people in San Luis Obispo, Santa Barbara, and Ventura Counties.